

NURSING CARE AFTER THE FIRST FEED**Nursing Care – after first feed at the Delivery Room / Operation Theater**

- Baby with mother or under warmer
- Check cord clamp
- Check weight
- Check & document temperature
 - Clean thermometer
 - Hold vertically in axilla for 3min
 - Read and record
 - Normal 36.5°C-37.5°
- Administer IM Vitamin K
 - Routinely administered intramuscularly
 - 1ml syringe with 23G needle
 - To prevent haemorrhagic disease of newborn
 - Dose:
 - 1mg for term
 - 0.5mg for preterm
- Observe Colour, Tone, Breathing, Heart rate, Chest Expansion

Nursing care – Weighing the baby

- Digital scale
- Prepare scale - clean cloth/paper, zero
- Preparing and weighing the baby
- Remove all clothing
- Wait till the baby stops moving
- Weigh naked
- Read and record
- Scale maintenance

Other measurements

- Head circumference
 - Tape placement
 - Use non-stretchable tape
- Length
 - Use infantometer
 - Crown to heel

Nursing care – Skin Care

- Wipe amniotic fluid / meconium / blood at birth
- Dry scalp and hair
- Do not rub vigorously and wipe away vernix
- Bathe only after 24 hours

Nursing care – Eye Care

- No special treatment
- Wipe with dry clean cloth
- Wash
 - any maternal blood / vernix
 - with distilled water
 - on sterile cotton wool

Prevention of hypothermia – Environment

- Room temperature (26°C - 28°C)
- Check baby's axillary temperature on admission
 - Put off the A/C
 - Close the windows
 - Switch off the fans
 - Switch on the warmer
 - Have the warm towels ready
 - Appropriate clothing -after drying, hat, socks (mittens), towels, blanket
- Rooming-in
- Assess warmth every 4 hours
- Bathing: delay
- Breastfeeding – position and attachment
- Keep radiant warmer ready, if necessary

Before transfer to postnatal ward

- Dress and wrap; cap, socks
- Transfer skin-to-skin contact
- Quick STOPS assessment
- Document administration of Vitamin K
- Check & record baby's temperature