

**BEFORE DISCHARGING FROM POST-NATAL WARD / NEONATAL UNIT
BY THE NURSES AND MIDWIVES**

Check with parents

- Passage of meconium taking up to 24 hrs and urine up to 48 hrs of life is usually normal
- Mother's satisfaction with breastfeeding

Check from notes

- Baby's weight
- Temperature

Advice on discharge

- Keep warm
 - Wash hands
 - Minimise handling
 - Restrict visitors
 - Know danger signs - seek help
 - Exclusive breastfeeding
 - check technique
 - LMC for follow-up
 - Home visits by PHM
 - Immunisation
 - Ensure baby check done & CHDR given
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- Check on basic life support skills by parents
 - Prevention of hypothermia & keeping the baby warm at home
 - Prevention of hypoglycaemia by promoting exclusive breast feeding
 - Kangaroo mother care (KMC)
 - Developmental care
 - Follow-up in the community