

STABILIZATION OF NEWBORNS – STOPS

- Look for
- Sensorium
 - Temperature
 - Oxygenation
 - Perfusion
 - Sugar

Sensorium	<p>Active</p> <ul style="list-style-type: none"> ▪ Good suck ▪ Normal tone ▪ Responsiveness ▪ Good cry ▪ Spontaneous movements 	<p>Lethargy</p> <ul style="list-style-type: none"> ▪ Poor suck ▪ Floppy ▪ Poor response ▪ Poor cry ▪ Decreased movements
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Temperature	<ul style="list-style-type: none"> ▪ Normal (Warm hands and feet) 36.5 – 37.5°C ▪ Hyperthermia >37.5° ▪ Cold stress : 36.1 to 36.4°C ▪ Moderate hypothermia: 32 to 36°C ▪ Severe hypothermia: <32°C ▪ Use dorsum of your hand to touch abdomen and peripheries (hands & feet) ▪ Hands and feet get cold first ▪ Axillary temperature (<u>Do not add 1 degree</u>)
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<p>Perfusion</p> <p>Normal or poor</p>	<ul style="list-style-type: none"> • Activity • Heart rate & pulse volume • CRFT • Skin colour- pale & mottled • Cold peripheries • Femoral pulse – absent • NIBP –MAP • Urine output
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1:1000
2:1000
3:1000
4:1000
5:1000

<ul style="list-style-type: none"> • Appropriate cuff sizes • Appropriate application • Age / Gestation norms
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Urine output 1-3ml/kg/hr

<p>Sugar / Capillary blood gas</p>	<ul style="list-style-type: none"> • Normal • Asymptomatic hypoglycaemia • Symptomatic hypoglycaemia • pH & PaCO₂ 	<ul style="list-style-type: none"> • Glucometer/ venous blood sugar • >47mg/dl • >2.6 mmol/l
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