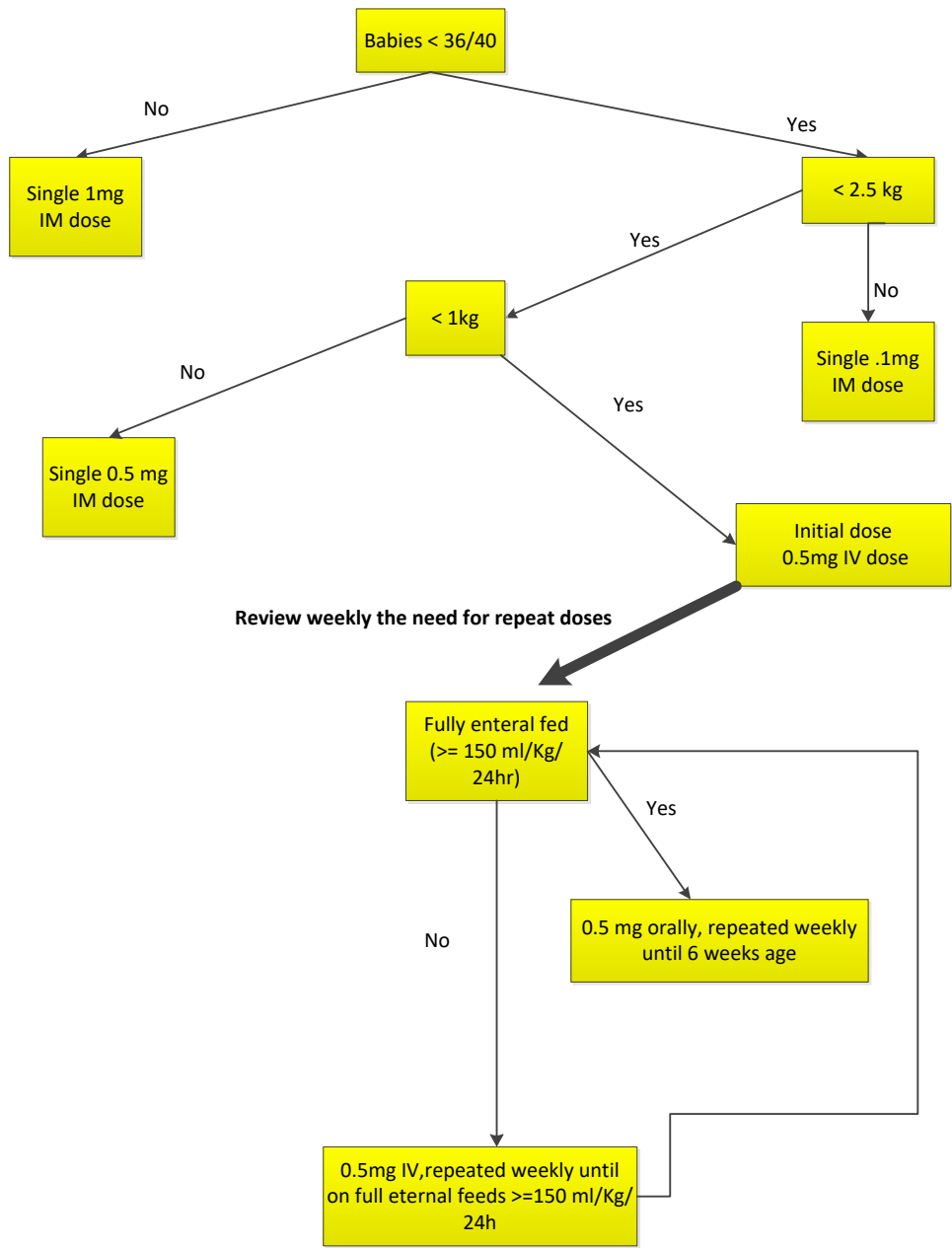


**VITAMIN K THERAPY**

**Phytomenadions Guidelines for babies on the Neonatal unit**



**Vitamin K prophylaxis in newborns**

a) All newborns should be given 1 mg of vitamin K intramuscularly (IM) after birth (i.e. after the first hour by which the infant should be in skin-to-skin contact with the mother and breastfeeding should be initiated).  
*(Strong recommendation, moderate quality evidence)*

b) Neonates requiring surgical procedures, those with birth trauma, preterm newborns, and those exposed in utero to maternal medication known to interfere with vitamin K are at especially high risk of bleeding and must be given vitamin K (1 mg IM).  
*(Strong recommendation, moderate quality evidence)*