



SRI LANKA COLLEGE OF PAEDIATRICIANS

Newsletter

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SRI LANKA COLLEGE OF PAEDIATRICIANS

27th ANNUAL SCIENTIFIC CONGRESS 2025

Organise and Collaborate for Cost-effective and Meaningful Care
Inauguration Ceremony



Sri Lanka College of Paediatricians.
27th Annual Scientific Congress 2025
Organise and Collaborate for Cost-effective and Meaningful care

8th - 10th June 2025
at Monarch Imperial,
Sri Jayawardanepura Kotte



INSIDE, WE ALSO TALK ABOUT

27th Annual Scientific Congress 2025
Allergy Workshop
Regional Scientific Session Kandy
Upcoming SLCP Activities

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PAEDIATRICS

NEWSLETTER of The Sri Lanka College of Paediatricians

SLCP NEWSLETTER is an Official Communication of The Sri Lanka College of Paediatricians, published every two months as an electronic-publication

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Message from the Immediate Past President Dr Duminda Samarasinghe

It is with immense gratitude that I write this message after completion of my tenure as the President of the Sri Lanka College of Paediatricians.

All activities during this year was conducted in keeping with the theme for the year, “Organise and collaborate for cost effective and meaningful care”.

Regional events were expanded from the usual one-day event to a two-day event to include sessions for nursing officers and midwives in addition to the usual one session for doctors. This is in order to support the healthcare work force other than doctors that could contribute to uplift the care provided to the children of Sri Lanka.

Every educational activity was transmitted live via zoom and later uploaded the recorded contents to the dedicated educational website of the SLCP, “The Light”. This enabled wide dissemination of knowledge by facilitating the busy clinician including those working in far away or peripheral locations, to access knowledge conveniently during their limited free time. The Light website is a purpose-designed to cater all categories of health staff. Not only that, but it also provides knowledge and skills to parents, and we believe that this approach is the best and the most cost-effective way to improve overall care that we provide to the children of Sri Lanka.

Another commendable initiative during the last year was minimising printing and shifting to online material. This initiative is not only cost effective and meaningful, but also environment friendly, making the SLCP a good example for others to follow.

The Annual Scientific Congress was moved out of the Colombo Metropolitan area to Monarch Imperial at Sri Jayewardenepura, a more spacious and an accessible location to enable wider participation. The Congress was conducted at a lower-than-expected cost while still offering educational opportunities to paediatricians, trainees, and the broader healthcare community, such as nutritionists and general practitioners. I am truly delighted to say that we received an unprecedented number of abstracts, and participants which made history for any local or international paediatric conference in Sri Lanka to date. By managing all activities in a cost-effective and meaningful way, we were able to generate a surplus of over 56 million from all educational activities including the Annual Congress (37 million) conducted during the past year. These funds will be utilised to strengthen future activities of the SLCP, with the ultimate goal of enhancing the quality of care provided to the children of Sri Lanka through College initiatives.

Over the past year, we were able to uphold the strong values of the predecessors and going even further proving that SLCP remains one of the leading organisations in the country. I believe that the concept of being cost-effective and meaningful will continue to guide us, and future generations of paediatricians will actively contribute to improving child health in Sri Lanka at every step.

Warm regards,



Dr Duminda Samarasinghe
Past President 2024-25
Sri Lanka College of Paediatricians

The 27th Annual Scientific Congress of SLCP: "Organize and Collaborate for Cost-Effective and Meaningful Care"

The most awaited event on the academic calendar of the Sri Lanka College of Paediatricians (SLCP), the 27th Annual Scientific Congress, was held successfully from 8th to 10th May 2025 at the Monarch Imperial, Colombo. Under the leadership of SLCP's energetic President, Dr Duminda Samarasingha, the Organizing Committee succeeded in putting together a very interesting and clinically oriented scientific programme that appealed to the entire Paediatric Community of Sri Lanka. The Scientific Committee, led by Professor Guwani Liyanage, made sure that the attendees received the maximum benefit from the top-level local and international faculty who graced the congress.

The main congress was flanked by four workshops, including one for paediatric nurses. These workshops, featuring a highly qualified and experienced resource contingent, imparted invaluable knowledge on topics related to day-to-day paediatric practice.

The Scientific Congress featured three prestigious orations, guest lectures, plenaries, panel discussions, case-based discussions, and symposia covering a multitude of clinically relevant topics. A rapid-fire session on Paediatric Essentials and a Question & Answer Session on Paediatric Radiology kept the audience enthralled, while the Trainer-Trainee Dialogue offered invaluable insights for trainees hoping to secure overseas training. The free paper presentation sessions as well as poster presentations allowed researchers to unveil the results of their hard work.

The Congress was well-attended by Paediatricians, Paediatric Postgraduate Trainees, doctors and Family Practitioners with an interest in the field of child health. The number of participants was one that was an all-time high in the annals of the college. Their feedback, which was full of praise for the congress, was testimony to the quality and relevance of the content of the scientific programme.

The 27th Annual Scientific Congress of SLCP was a resounding success, bringing together enthusiastic medical professionals of several generations to update and share their knowledge within an enjoyable atmosphere.

Dr Asanga Rajapakshe

Joint Editor - SLCP Newsletter



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27th Annual Scientific Congress 2025

Pre-Congress Workshop on Neonatal and Paediatric Emergencies

This workshop was held on June 7th, 2025, at the UCFM Tower, Faculty of Medicine, University of Colombo. It covered most of the common paediatric and neonatal emergencies encountered in day-to-day clinical practice. The faculty comprised distinguished overseas and local consultants including Professor Simon Craig, Dr. Nalin Kitulwatte, Dr. Nalin Gamaathige, Dr. Sanjeewa Thennakoon, Dr. Kapilani Withanaarachchi, Dr. Shanthini Ganesan, Dr. Michael Janz, Dr. Sri Lal de Silva, Dr. Lalith Gamage, Dr. Wathsala Hathagoda, Dr. Samantha Deshapriya, Dr. Dinendra Siriwardhane, Professor Saraji Wijesekara, Dr. Amali Dalpatadu, Dr. Deshan Adihetty, Dr. Sham Weerasinghe, Dr. Anoma Abeygunawardana, and Dr. Nimesha Gamhewage. The workshop was well attended by enthusiastic medical professionals, including paediatric trainees. The workshop was coordinated by Dr Nimesha Gamhewage

Pre-congress Workshop on Timely Recognition & Effective Management of Childhood Disorders

This workshop was held on June 8th, 2025, at the UCFM Tower, Faculty of Medicine, University of Colombo. The topics covered mainly included management of childhood neurological disorders, neuro-disability and neuro-rehabilitation. The participants had the opportunity to learn from many local and international experts including Dr Anirban Majumdar, Professor Megan Doherty, Professor Sameer Zuberi, Dr Jayathri Jagoda, Dr Gayatri Palat, Dr Ganganath Gunathilake, Dr Anuradha Kodippilli, Dr Chamidri Naotunna, Dr Sanjaya Fernando, Dr Priyanka Rupasinghe,

Professor Jithangi Wanigasinghe, Dr Thilina Munasinghe, Dr Vindya Gunasekera, Dr Nayomi Senarathne, Dr Chamara Jayathunga, Dr Pyara Ratnayake, Dr Dilini Vipulaguna, Dr Gayan Sampath, Professor Shenal Thalagahagoda, Dr Inoka Perera, Dr Dinesh Marasinghe, Dr Dhanushka Dassanayake, and Dr Dhammika Vidanagama. The workshop was coordinated by Dr Jagath Ranasinghe.

Pre-Congress Workshop for Nurses

A workshop for paediatric nurses was held on May 28th, 2025, at the UCFM Tower, Faculty of Medicine, University of Colombo. This covered a broad range of topics relevant in paediatric nursing, delivered by a panel of experts in their relevant fields. The faculty included Prof. Pujitha Wickramasinge, Dr. Malithi Guruge, Dr. Kasun Jayasundara, Dr. Maheshaka Wijewardana, Dr. Anuradha Herath, Dr. S. Krishnapradeep, Dr. Asanga Rajapakshe and Mrs. K.D.A.P. Vidyarthna. This event also included a free-paper session for nurses to present their research findings. The workshop was well attended by nurses from all parts from the country. The workshop was coordinated by Dr Malithi Guruge

Pre-Congress Workshop for Healthcare Assistants

A workshop for healthcare assistants was held on May 29th, 2025, at the New Auditorium, LRH. The faculty included Dr Indika Neluwa- Liyanage, Prof Indira Kitulwatta, Dr Dhanajaya Vithanage, Prof Manori Gamage, Dr Inoka Suraweera, Dr Mahen Kothalawala, Dr Sangeetha Wickramarathna and Dr Viraj Jayasingha. The workshop was coordinated by Dr Chamidri Naotunna.

Pre-congress Workshop on Timely Recognition & Effective Management of Childhood Disorders

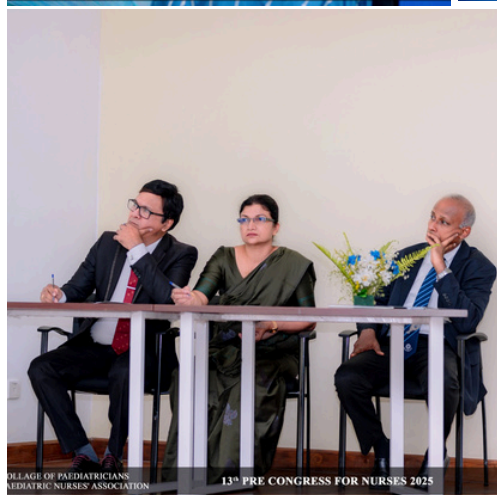


Pre-Congress Workshop on Neonatal and Paediatric Emergencies



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Pre-congress Workshop for Nurses



Inauguration Ceremony

The Inauguration Ceremony, held on 8th June with over 500 participants, featured Chief Guest Prof. John Simpson (Evelina London Children's Hospital, UK) and Guest of Honour Eng. Nahil Wijesuriya (East-West Group). The Professor C.C. de Silva Memorial Oration was delivered by Prof. Samanmali P. Sumanasena on “Ensuring Early Learning for Better Opportunities through Multi-Stakeholder Collaborations.”

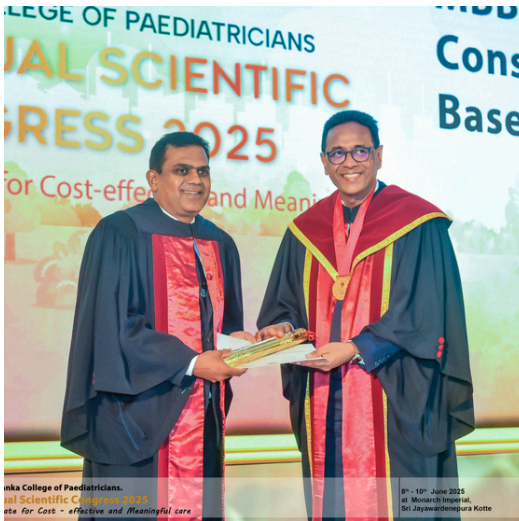


Fellowships

Recipients of the Fellowship of the Sri Lanka College of Paediatricians - 2025



Professor Manori Gamage



Dr Chaminda Liyanage



Professor Ruwanthi Perera



Dr Pyara Ratnayake



Professor Saraji Wijesekara



**Honorary Fellowship
Dr Bhiruntha Sivakanthan**

Awards of the Congress 2025



Best PubMed or Scopus Indexed Research
Publication by a Sri Lankan Paediatric Trainee 2025

Dr Dilhara Senani Gamage



Best High-Impact Research Publication by an Early
Career (Young and Mid-life) Sri Lankan Paediatrician
2025

Dr Meranthi Fernando

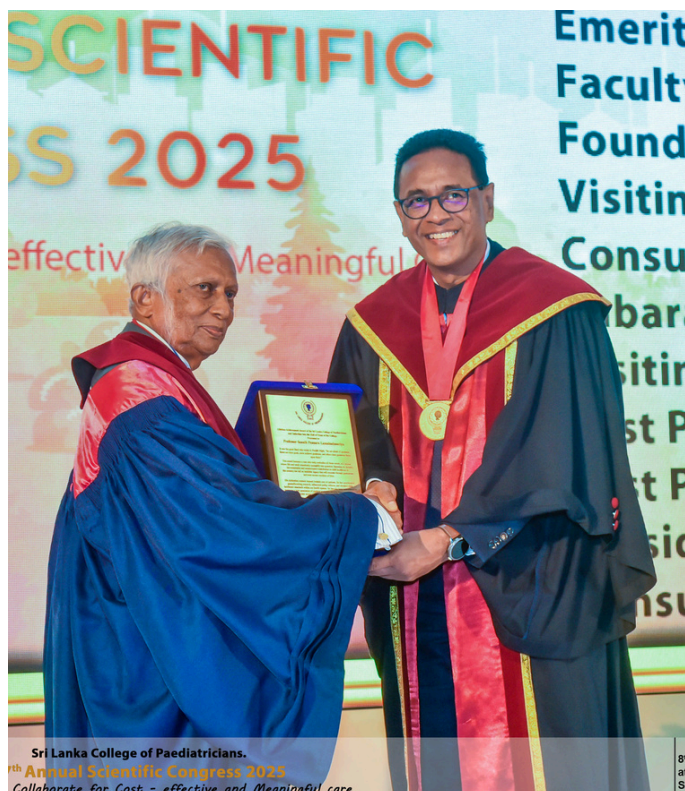


DCH Gold Medal of 2024

Dr Dula Nuwanthi Alwis

Awards of the Congress 2025

Recipient of the coveted Lifetime Achievement Award Professor Sanath P. Lamabadusuriya



During a special ritual at the Inauguration Ceremony of the 27th Annual Scientific Congress of the Sri Lanka College of Paediatricians, held on the 8th of June 2025, Professor Sanath Punsara Lamabadusuriya received the Lifetime Achievement Award and was automatically inducted as the very first honouree into the Sri Lanka College of Paediatricians Hall of Fame.

Born in 1942, he has excelled academically, securing numerous prestigious qualifications, including a PhD, a DSc, and UK fellowships, and received the MBE from Her Majesty, the late Queen Elizabeth II of the UK.

As the first Sri Lankan clinician to secure a PhD by research, he contributed extensively to Paediatrics, teaching for 56 years across multiple universities, and serving as Dean of the Faculty of Medicine, Colombo. He has published over 140 research articles, delivered numerous lectures, and held leadership positions such as President of the Sri Lanka Paediatric Association and President of the Asia Pacific Pediatric Association.

His dedication to child healthcare in Sri Lanka epitomizes absolute excellence, making him a totally deserving recipient of this prestigious honour.

Main Congress Day 1

Held on 9th June 2025 at Monarch Imperial



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Main Congress Day 2

Held on 10th June 2025 at Monarch Imperial



Post Congress Workshop on Autism Held on 11th June 2025 at Mandarin Colombo



Bite-sized Learning: A Whistle-Stop Tour of Allergy

This session was held at the UCFM tower on the 27th July 2025. It was organized by the Sri Lanka College of Paediatricians in collaboration with Allergy and Immunology Society of Sri Lanka, Sri Lanka College of Internal Medicine and College of General Practitioners of Sri Lanka.



An Educational Initiative by
Sri Lanka College of Paediatricians, Allergy and Immunology Society of Sri Lanka,
Sri Lanka College of Internal Medicine, & College of General Practitioners of Sri Lanka

Bite-sized Learning A Whistle-Stop Tour of Allergy

27th July, 2025 | 8.00 AM - 2.00 PM
UCFM Tower, Faculty of Medicine, University of Colombo

0815 - 0830	Pre-Assessment MCQs	
0830 - 0850	Introduction to Allergy	Professor MT Krishna Chair of Allergy, Clinical Immunology and Global Health, University of Birmingham, UK
0850 - 0910	Laboratory Diagnosis of Allergy	Professor S Molitra Professor in Allergy & Immunology, Apollo Glenagles Hospital, Kolkata
0910 - 1010	Rapid Fire	
	Anaphylaxis	Dr Rajiva de Silva Consultant Immunologist, Medical Research Institute
	Angioedema	Professor Chandima Jeewandara Professor in Immunology, Allergy and Molecular Medicine, University of Sri Jayewardenepura
	Eczema	Dr Indira Kahawita Consultant Dermatologist, National Hospital, Colombo
	Allergic Rhinitis	Professor S Molitra Professor in Allergy & Immunology, Apollo Glenagles Hospital, Kolkata
1010 - 1030	Food Allergy	Professor Neelika Malavige Department of Immunology, Allergy and Molecular Medicine, University of Sri Jayewardenepura
1030 - 1100	Coffee	
1100 - 1210	Learning Allergy through Clinical Cases	
	Urticaria	Dr Dhanushka Dasanayake Consultant Immunologist, Medical Research Institute
	Food dependant Exercise-Induced	Dr Nadisha Badanasinghe Senior Lecturer, Department of Medical Microbiology, University of Kelaniya
	Anaphylaxis & Alpha-gal Syndrome	Professor Guwani Liyanage Professor in Paediatrics, University of Sri Jayewardenepura
	Insect Allergy	Professor MT Krishna Chair of Allergy, Clinical Immunology and Global Health, University of Birmingham, UK
	Asthma	Professor S Molitra Professor in Allergy & Immunology, Apollo Glenagles Hospital, Kolkata
		Dr A A Kapila Jayanath Consultant Family Physician, DGH Chitwan
		Dr Amila Danesh de Silva Consultant Paediatrician, BII Emballipitiya
1210-1230	Introduction to Drug Allergy	Professor MT Krishna Chair of Allergy, Clinical Immunology and Global Health, University of Birmingham, UK
1230-1250	Penicillin Allergy	Professor MT Krishna Chair of Allergy, Clinical Immunology and Global Health, University of Birmingham, UK
1250-1.50	Learning Allergy through Clinical Cases	
	Amoxicillin Anaphylaxis	Professor MT Krishna Chair of Allergy, Clinical Immunology and Global Health, University of Birmingham, UK
	NSAID-induced Allergic Reaction	Professor Thushara Kudagammana Department of Paediatrics, University of Peradeniya
	Non-immunological Reaction to Drugs	Professor S Molitra Professor in Allergy & Immunology, Apollo Glenagles Hospital, Kolkata
	Delayed drug reactions	Dr Dhanushka Dasanayake Consultant Immunologist, Medical Research Institute
		Dr Chandima Ranasinghe Consultant Dermatologist, Infectious Disease Hospital
		Dr Nadisha Badanasinghe Senior Lecturer, Department of Medical Microbiology, University of Kelaniya
		Dr Tharindi Suriyapperuma Senior Lecturer in Paediatrics, University of Kelaniya
		Professor Guwani Liyanage Professor in Paediatrics, University of Sri Jayewardenepura
		Dr Rajiva de Silva Consultant Immunologist, Medical Research Institute
1350	Post-assessment MCQs	



Regional Sessions Kandy

Kandy Regional Scientific Sessions, organized by the Sri Lanka College of Paediatricians in collaboration with the Department of Paediatrics – University of Peradeniya, were held on the 14th and 15th of July 2025. The Sessions for nurses and midwives were held on 14th July 2025 at Teaching Hospital Peradeniya and Sirimavo Bandaranayake Specialized Children's Hospital, respectively. The Doctors' Session was conducted on 15th July 2025 at the Oak Ray, Kandy.





26TH - 29TH JULY | BMICH
COLOMBO | SRI LANKA

ASIA PACIFIC CONGRESS OF PAEDIATRICS

*Redefining Paediatric Care -
Blending Equity, Excellence and Technology*

26th - 29th July 2026
BMICH, Colombo, Sri Lanka



www.apcp2026.com



SRI LANKA COLLEGE OF PAEDIATRICIANS Monthly Clinical Update

Disorders in Calcium Metabolism



Case Presentation

Dr Anuruddhika Withana

Senior Registrar in Paediatric Endocrinology



Discussion

Dr Navoda Atapattu

Consultant Paediatric Endocrinologist

Hybrid Session



19th September 2025



12pm - 1pm



New Auditorium, LRH | Online via Zoom

Join Us!



[Click Here](#)
[Zoom Link](#)

Upcoming Activities



Organised by Rare Kidney Disease Centre
Faculty of Medicine, University of Colombo
in collaboration with
Sri Lanka College of Paediatricians



A DAY IN NEPHROLOGY

Scientific Session

28 th September 2025 at UCFM Tower		CPD Points Awarded
07.30 AM	Registration	
08.00 AM	Inauguration Ceremony	
08.30 AM	Role of Genes in Nephrology <i>Dr Vindya Subasinghe</i> - Paediatric Clinical Geneticist, Lady Ridgeway Hospital for Children	
09.00 AM	Clinical Spectrum of Renal Tubular Disorders <i>Prof Randula Ranawaka</i> - Professor in Paediatric Nephrology, University of Colombo	
09.30 AM	Diagnosis & Management of Acid-Base Disorders & Electrolyte Imbalances <i>Dr Nayana Manoratne</i> - Paediatric Nephrologist, Galle National Hospital	
10.00 AM	Morning Tea Break	
10.30 AM	Evaluation and Management of Chronic Kidney Disease <i>Dr Inoka Perera</i> - Paediatric Nephrologist, Lady Ridgeway Hospital for Children	
11.00 AM	Principles and Modalities of Renal Replacement Therapy <i>Dr Venuja Bandara</i> - Paediatric Nephrologist, TH Batticaloa	
11.30 AM	Pharmacotherapeutic Considerations in Renal Impairment <i>Dr Chiranthi Liyanage</i> - Senior Lecturer in Pharmacology, University of Colombo	
12.00 PM	Nutritional Interventions in Chronic Kidney Disease and Dialysis <i>Dr Manoji Gamage</i> - Consultant Nutrition Physician, National Institute for Nephrology Dialysis and Transplant	
12.30 PM	Lunch Break	
01.30 PM	Diagnostic Approach to Haematuria in children <i>Dr Harshini Dharmawardena</i> - Paediatric Nephrologist, Galle National Hospital	
02.00 PM	Evaluation and Management of Bladder Dysfunction <i>Dr Achala Ratnayake</i> - Paediatric Nephrologist, TH Badulla	
02.30 PM	Rapidly Progressive Glomerulonephritis: Diagnostic and Therapeutic Strategies – <i>Prof Shenal Thalgahagoda</i> - Professor in Paediatric Nephrology, University of Peradeniya	
03.00 PM	IgA Nephropathy: Pathogenesis, Diagnosis, and Management <i>Dr Dilushi Wijayarathne</i> - Senior Lecturer in Clinical Medicine, University of Colombo	
03.30 PM	Systemic Lupus Erythematosus Nephritis: Clinical and Immunopathological Perspectives – <i>Dr Dilukshi Pilapitiya</i> - Consultant Nephrologist, Kotelawala Defence University	
04.00 PM	Evening Tea	

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INTER MEDICAL FACULTY PAEDIATRIC QUIZ 2025

11 Teams

44 Competitors

3 Rounds

Brain-teasers



6th October 2025
From 8 AM - 12 PM



MAIN AUDITORIUM
Sri Lanka Foundation
Colombo 07



JOIN US! CHEER LOUDLY & FEEL THE THRILL

Organised by the Sri Lanka College of Paediatricians

PAEDIATRICS

Guidelines on submission of articles for the SLCP NEWSLETTER

All communications should be addressed to the Joint Editors of the Newsletter, Dr Jagath Ranasinghe and Dr Asanga Rajapakshe.

Only electronic submissions to the following email address are accepted and no hard copies will be entertained as submissions.

Email: paednewsletter@gmail.com

Intellectual responsibility for pictures/articles submitted lies with the person submitting the pictures/articles and The Sri Lanka College of Paediatricians (SLCP) will not assume any responsibility whatsoever for them.

Contents

- Cover Page/ Front Page

A photograph – Can be submitted by any member of Sri Lanka College of Paediatricians. It should be followed by the cover story not exceeding 150 words. A nature photograph/ a photograph of a college function will be accepted.

- Inner pages

You are kindly requested to submit articles under the following topics for the Newsletter in MS Word format. Tables and figures should be submitted separately. Pictures should be of high quality (at least 300 DPI).

Any article with an academic interest/ non-academic interest falling under following categories will be accepted. Maximum word count is 1000 for academic and 800 for non-academic articles. Only 2 pictures, photographs (300 DPI) or tables are allowed in one article.

ARTICLES RELATED TO PROFESSIONAL DEVELOPMENT

- Review articles/ Review of a review
- Case History or Case Based Discussion
- Patient Story with a picture
- Young Paediatricians' Niche – Open only for Registrars and Senior registrars in Paediatrics and related sub-specialties, and writing on current practice of a common disease. This has to be a detailed and up to date narrative. It will be checked for plagiarism.
- Monthly clinical update
- MCQ corner

ARTICLES RELATED TO PERSONAL DEVELOPMENT

- Non-technical article – An article on a song/ book/ painting/ cartoon/ movie
- Information Technology related articles
- Finance management
- Articles on any other topic of interest too can be submitted.

ARTICLES RELATED TO UNIT/TEAM DEVELOPMENT

- New innovations in your unit/ any new developments related to paediatrics and child health by a paediatrician.
- Briefings on regional sessions held.
- Any other collaborative sessions related to paediatrics.


Please submit the documents to paednewsletter@gmail.com with a cover letter.

Articles submitted before the 10th of each month will be considered for publication on that month's issue. Late submissions will be considered for the next issue. However depending on the availability of space and similarity of the articles they may be considered for upcoming issues.







SLCP New Membership Application



Membership

Ordinary Member Any medical practitioner who has one or more of the qualifications listed below shall be eligible to be elected as an ordinary member

 Sri Lanka College of Paediatricians



SLCP Membership Update *link for SLCP members*

Update your SLCP membership details with
the below link.

